Wilderness Survival

Food Honor Basic

1. Have or earn the wild edibles honor.
2. As a group discuss the ten points taken from the book Ministry of Healing pa 45 – 50.
3. Out of all the resources you have, in a survival situation, what resource do you have to pay the most attention to?
4. Witch food group will give you the most energy?
5. Name the fungus that can grow on grass seeds that makes them so you cannot eat them.
6. How can you tell if a plant is in the mustard family?
7. How can you tell if a plant is in the mint family?
8. Name the three ovens used for baking and tell how to make them.
9. Explain how to rock boil some food.

Food Honor Advance

1. From the wild find some small edible roots and build a fire and ember roast these roots.
2. Find or buy some nuts and make a sand oven and roast them.
3. Find some big roots like burdock or yucca or use some potatoes and bake them in a pit oven.
4. Find or buy some vegies you like and rock boil cook them.
5. Read Matt. 6:25 – 33 and talk about the requirements for God to take care of you.